

3/25/18

## **Ubutumwa bwa Padiri Jim .**

Uy'umunsi nibwo icyumweru gitagatifu cyatangiyeye ,misa iratangirana n'amashami yawe umugisha hamwe n'ivuga butumwa rya Yezu Kristu umwami wacu .

Yezu wavukiye iYeruzalemu naho ivanjira turaza gusoma ivanjiri yanditwese na Mariko .Icyumweru gitagatifu gitangira kuri Mashami ! muri icyi cyumweru niho twese nkabantu baba kristu niho twereka bagenzi bacu ko tugomba ,gusenga tugafasha bagenzi bacu kugirango nabo bishime nkabandi bantu baturanye.

Umukristu mwiza arangwa n'indangagaciro ya nkuri , akamenya ibyo agomba gukora byose mumaso yabandi bakristu . Agakomeza gusenga no kwemera Imana.

Gufasha abarwayi burigihe ,gufasha abatishoboye maze nabo bagatembere bakabona ibyo kurya tukabafasha ubuzima buciriritse muri rusange nibyo umuntu wese yakagombye guharanira mbere yuko bagenzi be babimwibutsa ! Icyi n'icyumweru cyiza cy'amasengesho kuko umuntu wese ashatswe kuvuga amasengesho Imana ya mufasha, Kandi nkuko mubizi mwese Imana icyo uyisabye irakiguha .

Imfashanyo yo kuwagatanu mutagatifu : Papa Francis yadusabye iyi Paruwasi yacu gufasha gufasha abakristu bo kubutaka butagatifu . tugomba gufasha amakiliziya ya hariya akomoka k'ubutaka butagatifu ko bakeneye imfashanyo yihuta cyane . Tugafasha n'amashuri y'abagatulika muri rusange .

Porogaramu y'abana : Ni kuva kumyaka 10 kugeza 12 cyangwa kuva kumyaka 13 kugeza kumyaka 18 kandi ni kucyumweru mu kwakane italiki ya 8,22 na 29 no mu kwagatanu italiki ya 6 .

Santa Maria bafite umunsi mukuru ni kucyuCholesterol ,mweru mu kwane italiki ya 8 ,22 na 29 no mukwezi kwa gatanu italiki ya 6 .

Bazapima ,umuvuduko w'amaraso , Kwigunga ,BMI,Ibisukari mu mubiri, Kwumva kw'amatwi ( Niba wumva neza ) STI, niba utwese kuba damu .

Muzaze muri benshi n'abana nabo bazbasuzuma . Kandi hazaba hari icyo kunywa mwese muratumiwe .

Ushaka kwisuzumisha kubyerekeye kumabere

wahamagara iyi numuero : ( 513) 557-7249. Amen....

